



The Swimming Room TRI-Swim

9 May 2010, Sentosa, Tanjong Beach

Results (Individual 3km)



Individual 3km Open Male

Rank	Race ID	Name	Lap 1	Lap 2	Lap 3	Lap 4	Laps	Total Time	Gender Rank	TRI-Factor Points	Remark
1	0319	Gerald Koh	00:10:20.20	00:10:26.45	00:10:17.00	00:10:19.65	4	00:41:23.300	1	300	-
2	0330	Clement Chow	00:10:24.10	00:11:06.45	00:11:12.20	00:11:25.20	4	00:44:07.950	2	298	-
3	0336	amos tan	00:10:46.75	00:11:23.15	00:11:36.95	00:11:09.50	4	00:44:56.350	3	296	-
4	0352	Theodore J Lin	00:11:15.85	00:11:44.50	00:11:50.05	00:11:45.55	4	00:46:35.950	4	294	-
5	0106	Jonathan Ma	00:11:32.75	00:11:56.55	00:11:59.45	00:12:04.20	4	00:47:32.950	6	291	-
6	0240	selukov arnaud	00:11:30.65	00:12:07.00	00:12:03.65	00:12:14.35	4	00:47:55.650	7	289	-
7	0305	Fai Yong	00:11:52.60	00:12:08.70	00:12:28.45	00:12:02.55	4	00:48:32.300	8	287	-
8	0361	Edward McCormick Blair	00:11:54.15	00:12:08.10	00:12:33.65	00:12:42.60	4	00:49:18.500	10	283	-
9	0203	Baroni Emanuele Arnaldo	00:12:03.10	00:12:20.50	00:12:33.20	00:12:44.45	4	00:49:41.250	11	281	-
10	0342	Ben Khoo	00:12:09.50	00:13:41.60	00:13:24.15	00:13:13.05	4	00:52:28.300	16	272	-
11	0359	Paul Sakrzewski	00:12:43.70	00:13:07.20	00:13:27.90	00:13:13.30	4	00:52:32.100	17	270	-
12	0244	tomoya tsuruta	00:13:06.55	00:13:37.55	00:13:40.45	00:13:16.45	4	00:53:41.000	20	265	-
13	0355	Ross Ismail	00:12:50.45	00:13:46.00	00:14:12.55	00:14:14.25	4	00:55:03.250	21	263	-
14	0114	Adrian Ooi	00:13:57.15	00:14:08.30	00:13:41.35	00:13:48.35	4	00:55:35.150	22	261	-
15	0248	Arnaud CLEMENT	00:13:45.35	00:14:22.55	00:14:07.95	00:13:48.50	4	00:56:04.350	23	259	-
16	0245	Siegfried Venot	00:14:05.30	00:14:08.35	00:14:33.30	00:14:16.20	4	00:57:03.150	25	255	-
17	0211	Andreas Goros	00:14:02.65	00:14:39.25	00:14:37.85	00:14:39.10	4	00:57:58.850	26	253	-
18	0109	Stuart Mort	00:14:02.30	00:14:19.90	00:14:34.15	00:15:25.10	4	00:58:21.450	28	250	-
19	0212	Allan Norton	00:14:13.75	00:14:35.25	00:15:07.45	00:14:54.75	4	00:58:51.200	29	248	-
20	0137	Poon Chung Kiat	00:14:39.60	00:14:37.00	00:15:04.45	00:15:07.55	4	00:59:28.600	30	246	-
21	0344	Wei Sian Soh	00:14:37.55	00:15:07.70	00:15:02.10	00:14:49.35	4	00:59:36.700	31	244	-
22	0238	STANLEY TAN	00:14:19.65	00:14:44.55	00:15:12.95	00:15:30.70	4	00:59:47.850	32	242	-
23	0112	Varian Lim	00:14:29.45	00:14:58.40	00:15:20.30	00:15:07.65	4	00:59:55.800	33	240	-
24	0123	Uno Tatsuya	00:14:14.90	00:14:37.30	00:15:15.75	00:15:48.25	4	00:59:56.200	34	239	-
25	0102	James Mudie	00:14:42.10	00:15:19.00	00:15:20.30	00:14:37.20	4	00:59:58.600	35	237	-
26	0130	Oh Hee Peng	00:14:34.10	00:15:41.10	00:15:20.25	00:15:08.90	4	01:00:44.350	37	233	-
27	0104	Nick Choi	00:15:32.20	00:15:27.20	00:15:10.85	00:14:50.70	4	01:01:00.950	38	231	-
28	0354	Ho Le Onn	00:15:17.65	00:15:47.25	00:15:33.80	00:15:17.30	4	01:01:56.000	39	229	-
29	0229	Meng Wah Chia	00:14:16.70	00:15:25.60	00:16:15.85	00:16:09.60	4	01:02:07.750	41	225	-
30	0320	Thiam Leng Oh	00:15:24.70	00:15:29.35	00:15:35.75	00:15:41.55	4	01:02:11.350	44	220	-
31	0258	WEI YI CHAN	00:14:43.85	00:15:55.45	00:15:37.45	00:15:56.55	4	01:02:13.300	45	218	-
32	0108	CHUA JING ZHI	00:15:05.65	00:15:38.25	00:15:40.15	00:15:49.55	4	01:02:13.600	46	216	-



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Rank	Race ID	Name	Lap 1	Lap 2	Lap 3	Lap 4	Laps	Total Time	Gender Rank	TRI-Factor Points	Remark
33	0324	Mark Lim jian Wei	00:14:56.05	00:15:46.60	00:15:42.05	00:15:52.35	4	01:02:17.050	47	214	-
34	0131	John John Paul McCann	00:15:31.95	00:15:14.45	00:15:32.00	00:16:27.40	4	01:02:45.800	49	211	-
35	0121	kok wee Neo Kok Wee	00:15:00.05	00:15:41.55	00:15:55.00	00:16:27.25	4	01:03:03.850	50	209	-
36	0201	Michael David Connolly	00:14:48.40	00:16:01.50	00:15:55.30	00:16:19.70	4	01:03:04.900	51	207	-
37	0149	Gerald Yong Khin Chuen	00:15:06.85	00:15:43.35	00:15:54.25	00:16:24.25	4	01:03:08.700	52	205	-
38	0316	Roger Lum	00:15:45.50	00:15:44.05	00:15:57.95	00:15:41.70	4	01:03:09.200	53	203	-
39	0105	Nicolas Le Clerc	00:14:58.05	00:15:43.70	00:16:08.45	00:16:22.45	4	01:03:12.650	54	201	-
40	0234	Tan Swee Keng	00:15:07.80	00:15:46.55	00:16:35.25	00:15:53.45	4	01:03:23.050	55	199	-
41	0317	Ian Hall	00:15:11.25	00:15:33.80	00:15:48.80	00:16:49.55	4	01:03:23.400	56	198	-
42	0345	LIM ZI YANG IVAN	00:15:18.50	00:16:16.85	00:16:09.05	00:16:06.10	4	01:03:50.500	58	194	-
43	0260	Eduard Moix	00:14:07.35	00:15:12.80	00:17:01.45	00:17:48.55	4	01:04:10.150	59	192	-
44	0358	Ong Guan Liong	00:15:38.30	00:16:07.75	00:16:45.60	00:15:47.90	4	01:04:19.550	60	190	-
45	0318	Dave Tang	00:15:44.00	00:16:21.00	00:16:18.05	00:16:18.65	4	01:04:41.700	61	188	-
46	0331	Christopher Colman	00:15:16.65	00:15:49.10	00:16:13.80	00:17:22.40	4	01:04:41.950	62	186	-
47	0122	Yan Chee Keong Spencer	00:15:38.85	00:16:32.00	00:16:35.20	00:16:31.40	4	01:05:17.450	63	184	-
48	0103	paul Barrett	00:15:12.85	00:16:14.20	00:17:02.85	00:16:55.40	4	01:05:25.300	64	183	-
49	0326	YIP TUCK SOON	00:16:34.35	00:16:29.15	00:16:20.95	00:16:03.15	4	01:05:27.600	65	181	-
50	0138	Ahmed S Al-Awa	00:15:42.95	00:16:35.40	00:16:46.75	00:16:51.65	4	01:05:56.750	67	177	-
51	0252	HIN YOUNG LAM	00:16:44.70	00:16:23.90	00:16:38.15	00:16:17.25	4	01:06:04.000	69	173	-
52	0237	Leong Wai Kit	00:16:12.10	00:16:32.05	00:16:33.90	00:16:47.55	4	01:06:05.600	70	171	-
53	0209	Chan Chian Hon. Danny	00:15:51.75	00:16:13.90	00:17:04.95	00:16:57.05	4	01:06:07.650	71	170	-
54	0239	Kenneth Chan	00:16:52.60	00:16:42.70	00:16:49.95	00:16:12.25	4	01:06:37.500	72	168	-
55	0313	Spencer Huang	00:16:42.70	00:17:06.95	00:16:34.30	00:16:34.70	4	01:06:58.650	73	166	-
56	0243	Peter Newing	00:15:59.05	00:16:49.20	00:16:57.90	00:17:18.60	4	01:07:04.750	74	164	-
57	0337	George Attard	00:16:20.85	00:16:47.85	00:17:00.30	00:17:04.85	4	01:07:13.850	75	162	-
58	0253	Ping Hee Tan	00:16:57.30	00:16:39.00	00:16:46.60	00:16:53.55	4	01:07:16.450	76	160	-
59	0339	Christophe maisonnave	00:16:18.60	00:16:44.05	00:17:33.60	00:16:43.70	4	01:07:19.950	77	158	-
60	0301	Juan Huerta	00:16:36.80	00:16:46.80	00:16:53.90	00:17:03.05	4	01:07:20.550	78	157	-
61	0312	Yen Hun Kang	00:16:48.65	00:16:34.35	00:16:22.60	00:17:40.95	4	01:07:26.550	79	155	-
62	0357	Leow How Kiat	00:17:03.55	00:16:58.60	00:16:32.65	00:17:01.10	4	01:07:35.900	80	153	-
63	0353	Tan Heng Hock Jason	00:16:31.05	00:16:42.30	00:17:00.65	00:17:31.90	4	01:07:45.900	81	151	-
64	0227	Yen Khiong Lawrence Kwok	00:16:30.90	00:17:02.35	00:17:15.50	00:17:06.95	4	01:07:55.700	84	145	-



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Rank	Race ID	Name	Lap 1	Lap 2	Lap 3	Lap 4	Laps	Total Time	Gender Rank	TRI-Factor Points	Remark
65	0220	Peter Ng	00:16:41.65	00:17:14.90	00:16:57.10	00:17:08.15	4	01:08:01.800	85	143	-
66	0126	Daniel Guter	00:17:13.95	00:17:29.25	00:17:10.10	00:16:27.95	4	01:08:21.250	86	142	-
67	0143	Kevin Luffman	00:16:50.80	00:17:29.80	00:17:29.55	00:16:34.65	4	01:08:24.800	87	140	-
68	0218	Kiew Ee Chuan	00:16:26.45	00:17:01.70	00:17:27.45	00:17:44.40	4	01:08:40.000	88	138	-
69	0146	James Robert Brodie	00:16:05.50	00:17:03.05	00:17:50.25	00:17:56.80	4	01:08:55.600	89	136	-
70	0311	Terence Lee	00:15:52.40	00:17:31.55	00:17:55.35	00:17:38.55	4	01:08:57.850	90	134	-
71	0136	Desmond Goh	00:17:01.00	00:17:31.65	00:17:33.00	00:17:08.25	4	01:09:13.900	91	132	-
72	0205	Tan Ah Keong	00:17:04.00	00:18:04.85	00:17:32.00	00:17:47.30	4	01:10:28.150	93	129	-
73	0247	Joel Cook	00:16:41.60	00:16:56.80	00:18:03.75	00:18:50.35	4	01:10:32.500	94	127	-
74	0232	Kwok Shi Hao	00:16:55.20	00:17:28.75	00:17:48.35	00:18:20.95	4	01:10:33.250	95	125	-
75	0254	Eric Pesik	00:15:59.45	00:17:37.70	00:18:10.70	00:19:01.80	4	01:10:49.650	96	123	-
76	0334	Yiheng Hong	00:16:02.15	00:17:44.60	00:18:18.60	00:18:49.80	4	01:10:55.150	97	121	-
77	0221	Alex Yeong	00:17:00.05	00:18:09.25	00:18:10.10	00:17:36.45	4	01:10:55.850	98	119	-
78	0302	Teo Cliff	00:15:42.55	00:17:43.25	00:18:40.75	00:19:00.90	4	01:11:07.450	99	117	-
79	0308	Tan Eng Hong	00:17:38.35	00:17:12.35	00:17:58.10	00:18:20.10	4	01:11:08.900	100	116	-
80	0347	Florian Hoppe	00:17:28.55	00:18:40.05	00:18:17.70	00:16:46.20	4	01:11:12.500	101	114	-
81	0208	Freddie Chan Zhi Yang	00:16:55.10	00:17:28.30	00:18:47.10	00:18:08.80	4	01:11:19.300	103	110	-
82	0322	Daryl Ang	00:16:35.90	00:18:05.55	00:18:18.90	00:18:28.40	4	01:11:28.750	104	108	-
83	0150	Koon Way Kwang	00:16:55.30	00:17:51.45	00:18:11.15	00:18:31.15	4	01:11:29.050	105	106	-
84	0107	Chris Smith Smith	00:18:02.60	00:18:10.25	00:18:06.35	00:17:11.65	4	01:11:30.850	106	104	-
85	0335	Ang Kwang Hwee_ Marcus	00:17:56.15	00:17:52.05	00:18:12.55	00:17:53.95	4	01:11:54.700	107	102	-
86	0236	Emilio Jr Butragueno	00:17:23.00	00:17:42.15	00:18:22.35	00:18:31.00	4	01:11:58.500	108	101	-
87	0118	Oliver Tuang Hwee Lim	00:13:25.65	00:19:16.60	00:19:57.10	00:19:42.75	4	01:12:22.100	109	99	-
88	0226	Dan Honour	00:17:07.90	00:18:02.25	00:18:24.95	00:18:49.70	4	01:12:24.800	110	97	-
89	0111	Lau Joseph	00:19:05.95	00:17:28.50	00:17:43.45	00:18:20.90	4	01:12:38.800	111	95	-
90	0158	Lim Chiew Chuan	00:16:15.75	00:17:58.95	00:19:06.80	00:19:50.55	4	01:13:12.050	113	91	-
91	0133	Yong Wei Peng	00:17:11.40	00:18:33.15	00:18:44.40	00:18:44.20	4	01:13:13.150	114	89	-
92	0309	KEN CHUA	00:17:41.05	00:18:20.10	00:18:47.60	00:18:29.95	4	01:13:18.700	115	88	-
93	0129	KIA LIANG FUA	00:18:11.35	00:18:59.25	00:19:01.60	00:18:29.35	4	01:14:41.550	116	86	-
94	0148	Guam JuHao Joshua	00:17:09.85	00:18:51.00	00:19:20.20	00:19:39.45	4	01:15:00.500	117	84	-
95	0156	Yeo Siok Huan	00:18:55.95	00:18:31.00	00:18:42.80	00:18:54.45	4	01:15:04.200	119	80	-
96	0134	Christopher Beh	00:17:43.10	00:19:26.80	00:19:08.05	00:18:46.55	4	01:15:04.500	120	78	-



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Rank	Race ID	Name	Lap 1	Lap 2	Lap 3	Lap 4	Laps	Total Time	Gender Rank	TRI-Factor Points	Remark
97	0161	Jacob Lieu	00:17:59.80	00:18:54.80	00:19:30.75	00:18:47.10	4	01:15:12.450	121	76	-
98	0362	Heng Wei Yang Daniel	00:17:36.95	00:18:47.60	00:19:24.10	00:19:53.85	4	01:15:42.500	122	75	-
99	0231	Seah Hong Soon	00:17:52.25	00:18:45.00	00:19:38.95	00:19:37.25	4	01:15:53.450	123	73	-
100	0225	Chin Siang Ng	00:17:46.75	00:19:01.85	00:19:33.05	00:19:39.25	4	01:16:00.900	124	71	-
101	0310	james tan kim kiang	00:19:08.50	00:18:19.90	00:19:04.05	00:19:41.70	4	01:16:14.150	126	67	-
102	0160	Tay Kian Mong Roy	00:17:43.90	00:18:35.35	00:20:00.45	00:19:55.95	4	01:16:15.650	127	65	-
103	0125	Alex Chue	00:18:13.85	00:19:30.20	00:19:42.95	00:19:40.65	4	01:17:07.650	129	61	-
104	0340	SIM David	00:18:53.20	00:19:19.40	00:19:36.10	00:19:20.10	4	01:17:08.800	130	60	-
105	0241	Manimaran Sivasamy	00:18:57.95	00:19:42.45	00:19:15.55	00:19:24.05	4	01:17:20.000	131	58	-
106	0101	Boon Kiat Kenneth Tan	00:18:02.95	00:19:24.30	00:20:36.80	00:20:26.45	4	01:18:30.500	132	56	-
107	0113	Hin Seng Ho	00:19:06.95	00:19:53.70	00:20:28.00	00:19:48.65	4	01:19:17.300	135	50	-
108	0117	Lawrence Boey	00:18:11.95	00:20:14.60	00:20:36.00	00:20:27.20	4	01:19:29.750	136	48	-
109	0306	Zhong Hao Lu	00:18:15.50	00:20:48.35	00:19:42.45	00:20:43.70	4	01:19:30.000	137	47	-
110	0325	Chin Hang Yap	00:18:58.50	00:20:36.10	00:20:28.75	00:19:54.50	4	01:19:57.850	138	45	-
111	0159	Hong Kin Seng James	00:18:16.20	00:19:46.40	00:20:48.05	00:21:50.80	4	01:20:41.450	139	43	-
112	0235	Eng Koon Lim	00:19:33.95	00:20:02.10	00:20:59.90	00:20:21.85	4	01:20:57.800	140	41	-
113	0333	Tan Boon Tee	00:18:14.40	00:19:35.45	00:21:41.55	00:22:07.25	4	01:21:38.650	143	35	-
114	0249	MAZLAN HASSAN	00:19:52.15	00:19:59.65	00:20:49.85	00:21:30.55	4	01:22:12.200	145	32	-
115	0219	Pereira Andrew Joseph	00:20:47.60	00:21:18.85	00:20:10.45	00:21:10.05	4	01:23:26.950	146	30	-
116	0214	Danny Lau	00:19:53.65	00:21:07.60	00:21:08.65	00:21:46.00	4	01:23:55.900	147	28	-
117	0315	Anand Iyer	00:18:29.80	00:20:16.05	00:21:58.00	00:23:51.85	4	01:24:35.700	148	26	-
118	0115	Gregoire Sauve	00:19:23.65	00:20:49.65	00:21:24.30	00:23:12.40	4	01:24:50.000	149	24	-
119	0303	Kelvin Phua	00:18:30.65	00:20:14.55	00:22:15.40	00:24:08.85	4	01:25:09.450	150	22	-
120	0215	Andrew Melvyn Sim	00:19:38.65	00:20:01.10	00:22:05.40	00:23:29.35	4	01:25:14.500	151	20	-
121	0321	Daryl_ Chiang Chan	00:20:45.95	00:21:02.15	00:21:27.30	00:22:20.55	4	01:25:35.950	152	19	-
122	0350	Christopher Tiu	00:20:28.65	00:20:41.45	00:22:45.55	00:21:56.20	4	01:25:51.850	153	17	-
123	0246	Daniel Gan	00:21:13.05	00:21:29.05	00:22:09.55	00:22:38.50	4	01:27:30.150	155	13	-
124	0119	Danny Asmara Rahman	00:20:57.95	00:21:39.25	00:22:15.45	00:23:40.80	4	01:28:33.450	156	11	-
125	0157	Seow Wee Koon	00:20:17.65	00:22:34.70	00:22:54.55	00:23:51.95	4	01:29:38.850	157	9	-
126	0142	Gabriel Ong Kah Leong	00:23:57.00	00:21:37.30	00:22:10.70	00:24:26.45	4	01:32:11.450	159	6	-
127	0216	Daniel Cheng	00:19:03.35	00:21:54.60	-	-	2	-	-	0	Did Not Finish



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Individual 3km Open Female

Rank	Race ID	Name	Lap 1	Lap 2	Lap 3	Lap 4	Laps	Total Time	Gender Rank	TRI-Factor Points	Remark
1	0421	Christine Tan	00:13:24.70	00:13:39.60	00:13:43.85	00:13:53.15	4	00:54:41.300	1	300	-
2	0415	Christina Ledig	00:13:51.70	00:13:39.80	00:13:45.65	00:13:46.95	4	00:55:04.100	2	289	-
3	0411	TERYN THAM	00:13:59.40	00:14:23.50	00:14:36.50	00:14:44.65	4	00:57:44.050	3	278	-
4	0405	Adeline Leow	00:13:32.90	00:14:47.70	00:14:59.65	00:15:23.80	4	00:58:44.050	4	267	-
5	0407	Silvana Mariela Gomez	00:13:58.40	00:14:41.60	00:15:14.20	00:15:37.20	4	00:59:31.400	5	256	-
6	0426	Angeline Poon	00:14:44.70	00:15:01.70	00:15:12.70	00:15:25.90	4	01:00:25.000	6	244	-
7	0414	Donna McWilliams	00:14:33.45	00:15:10.60	00:15:32.95	00:15:20.75	4	01:00:37.750	7	233	-
8	0425	Vicki Allen	00:15:13.90	00:15:48.85	00:16:15.25	00:16:36.50	4	01:03:54.500	9	211	-
9	0410	SHAREN PNG	00:15:38.90	00:15:54.00	00:16:20.70	00:16:15.05	4	01:04:08.650	10	200	-
10	0403	agatha susila	00:15:46.50	00:15:59.35	00:16:26.35	00:16:00.75	4	01:04:12.950	11	189	-
11	0433	Kelly Reed Ingham	00:16:34.55	00:17:02.50	00:17:29.55	00:17:15.00	4	01:08:21.600	12	178	-
12	0432	Kathrine Standness Eilertsen	00:16:54.95	00:17:26.75	00:17:31.20	00:17:35.25	4	01:09:28.150	13	167	-
13	0408	JANE LOO	00:17:15.90	00:17:53.85	00:17:57.40	00:18:31.95	4	01:11:39.100	14	156	-
14	0427	Lay Keong Tan	00:17:45.15	00:18:19.20	00:18:33.55	00:18:29.55	4	01:13:07.450	15	144	-
15	0417	Chiew Guat Tay	00:17:45.85	00:18:28.25	00:18:28.75	00:19:09.30	4	01:13:52.150	16	133	-
16	0412	Ngiam WenYuan	00:18:01.30	00:18:38.15	00:19:48.70	00:20:06.55	4	01:16:34.700	17	122	-
17	0406	Kristal Tay	00:18:52.50	00:19:32.75	00:19:17.75	00:19:28.10	4	01:17:11.100	19	100	-
18	0431	Evelyn Lee	00:18:43.90	00:19:27.30	00:20:00.65	00:19:52.80	4	01:18:04.650	20	89	-
19	0423	Teo Stze Hwa. Stephanie	00:19:43.40	00:20:36.40	00:20:14.30	00:19:24.20	4	01:19:58.300	21	78	-
20	0402	Tan Yi Jing. Charmane	00:18:22.35	00:19:38.90	00:20:52.40	00:21:51.75	4	01:20:45.400	22	67	-
21	0424	Goh Pei Kie	00:19:44.25	00:20:06.70	00:20:24.35	00:20:46.60	4	01:21:01.900	23	56	-
22	0422	Delia Kang	00:19:23.65	00:20:19.30	00:20:41.80	00:21:30.55	4	01:21:55.300	24	44	-
23	0419	Fia Permadi	00:21:05.95	00:22:34.10	00:22:51.55	00:23:46.80	4	01:30:18.400	25	33	-
24	0418	Esther Kang	00:23:16.80	00:23:11.30	00:22:13.30	00:23:09.75	4	01:31:51.150	26	22	-



The Swimming Room TRI-Swim

9 May 2010, Sentosa, Tanjong Beach

Results (Individual 3km)



Individual 3km Veteran Male

Rank	Race ID	Name	Lap 1	Lap 2	Lap 3	Lap 4	Laps	Total Time	Gender Rank	TRI-Factor Points	Remark
1	0314	Alex Tung Yew Meng (Seamonsta)	00:11:08.25	00:11:50.00	00:12:00.40	00:11:46.65	4	00:46:45.300	5	293	-
2	0328	Graham Rough	00:12:05.80	00:12:27.35	00:12:29.45	00:12:14.05	4	00:49:16.650	9	285	-
3	0242	David Ennes	00:12:11.90	00:12:28.30	00:12:47.55	00:12:59.25	4	00:50:27.000	12	280	-
4	0460	Quinn Riordan	00:12:14.75	00:12:44.40	00:12:59.15	00:12:35.80	4	00:50:34.100	13	278	-
5	0450	Koju Okano	00:12:11.85	00:12:46.10	00:12:57.65	00:12:46.20	4	00:50:41.800	14	276	-
6	0144	Dirk Nicolay	00:12:27.05	00:13:05.00	00:12:53.50	00:12:52.80	4	00:51:18.350	15	274	-
7	0304	Lawrence Byrne	00:12:41.65	00:13:09.90	00:13:23.25	00:13:21.30	4	00:52:36.100	18	268	-
8	0435	Simon Gutbrod	00:12:45.40	00:13:25.80	00:13:40.05	00:13:24.80	4	00:53:16.050	19	266	-
9	0250	John Lilley	00:13:39.85	00:14:10.15	00:14:34.55	00:14:31.50	4	00:56:56.050	24	257	-
10	0256	Teck Yin Lim	00:14:15.50	00:14:38.50	00:14:41.70	00:14:28.70	4	00:58:04.400	27	252	-
11	0135	Shaun Boulter	00:14:38.70	00:15:18.90	00:15:21.95	00:15:01.70	4	01:00:21.250	36	235	-
12	0327	Peng Fatt Lok	00:14:37.60	00:15:42.60	00:15:54.45	00:15:45.45	4	01:02:00.100	40	227	-
13	0147	David Andrew Pohly	00:15:15.90	00:15:38.45	00:15:22.65	00:15:51.15	4	01:02:08.150	42	224	-
14	0455	Ian Tate	00:14:48.35	00:15:29.50	00:15:46.70	00:16:06.70	4	01:02:11.250	43	222	-
15	0338	Christoph Kaeser	00:15:18.65	00:15:31.25	00:15:48.10	00:15:42.65	4	01:02:20.650	48	212	-
16	0124	David Chambers	00:16:44.70	00:15:44.20	00:15:42.10	00:15:30.20	4	01:03:41.200	57	196	-
17	0451	Ryan Colin	00:15:56.75	00:16:34.90	00:16:28.30	00:16:31.05	4	01:05:31.000	66	179	-
18	0141	Stephen Carr	00:16:32.50	00:16:43.65	00:16:32.15	00:16:14.25	4	01:06:02.550	68	175	-
19	0257	Lau Sing Khong	00:15:47.30	00:17:03.60	00:17:46.55	00:17:12.05	4	01:07:49.500	82	149	-
20	0204	Lek Chun Guan	00:16:28.20	00:16:30.60	00:16:59.65	00:17:56.95	4	01:07:55.400	83	147	-
21	0456	Michel Beaugier	00:17:08.20	00:17:21.90	00:17:48.15	00:18:06.80	4	01:10:25.050	92	130	-
22	0457	Lim Ah Seng	00:17:00.20	00:17:44.50	00:17:47.80	00:18:40.30	4	01:11:12.800	102	112	-
23	0223	Eugene Seah	00:17:09.95	00:17:58.65	00:18:58.85	00:18:51.45	4	01:12:58.900	112	93	-
24	0206	Wee Peng Choon	00:18:08.55	00:18:40.35	00:19:02.20	00:19:12.95	4	01:15:04.050	118	82	-
25	0307	thian toh meng anthony	00:18:18.35	00:19:04.55	00:19:10.80	00:19:32.30	4	01:16:06.000	125	69	-
26	0329	Ng Wing Fatt SAM	00:18:52.85	00:19:22.90	00:19:03.75	00:19:07.65	4	01:16:27.150	128	63	-
27	0458	LIM KOK SIONG	00:14:46.20	00:15:51.15	00:15:48.65	00:16:27.40	5	01:18:49.150	133	54	5th lap - 15:55
28	0213	Henry Tan Gim Chuan	00:18:19.95	00:19:47.50	00:20:13.20	00:20:32.20	4	01:18:52.850	134	52	-
29	0154	Simon Sie Ban Lee	00:19:42.95	00:20:13.65	00:20:10.55	00:21:02.40	4	01:21:09.550	141	39	-
30	0116	Kwong Meng Wong	00:19:04.85	00:20:13.15	00:20:45.50	00:21:20.45	4	01:21:23.950	142	37	-
31	0233	ronnie tan ah kow	00:19:11.70	00:20:18.50	00:21:03.00	00:21:19.00	4	01:21:52.200	144	34	-
32	0343	Jimmy Sim	00:20:18.20	00:21:15.25	00:22:04.85	00:22:31.95	4	01:26:10.250	154	15	-



The Swimming Room TRI-Swim

9 May 2010, Sentosa, Tanjong Beach

Results (Individual 3km)



Individual 3km Veteran Male

Rank	Race ID	Name	Lap 1	Lap 2	Lap 3	Lap 4	Laps	Total Time	Gender Rank	TRI-Factor Points	Remark
33	0453	Lok Fook Choy	00:20:55.25	00:22:48.75	00:23:22.95	00:24:39.00	4	01:31:45.950	158	7	-
34	0153	Kenneth Tan	00:17:01.05	-	-	-	1	-	-	0	Did Not Finish

Individual 3km Veteran Female

Rank	Race ID	Name	Lap 1	Lap 2	Lap 3	Lap 4	Laps	Total Time	Gender Rank	TRI-Factor Points	Remark
1	0459	Fiona Barton	00:14:59.40	00:15:54.90	00:16:09.60	00:16:30.65	4	01:03:34.550	8	222	-
2	0428	Astrid Morgan	00:18:52.70	00:19:19.55	00:19:15.45	00:19:26.75	4	01:16:54.450	18	111	-
3	0429	Soot Fong Cheah	00:21:11.35	00:22:32.70	00:24:06.45	00:24:11.50	4	01:32:02.000	27	11	-

Timing & Results by ESG Timing - MYLAPS ChampionChip